

Otsego County Guide To Mental Health Services

**A collaborative effort by NAMI and
RSS as a part of the
Community Education Project
funded by reinvestment.**

**Printed by the Mountain View
Social Club**

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*This guide contains information made available
for the public. It does not serve to endorse any
individual, organization or agency.*

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**To receive a copy or copies
of this guide or to request
changes &/or additions
write, call or stop by:**

**Mountain View Social Club
Community Education Project
P.O. Box 781
9 River St.
Oneonta, NY 13820**

Phone: 607 433-1714 ext. 201

**We would like to thank
everyone who has
helped with the publication of
this guide.**

**A.O. Fox Hospital
NAMI of Otsego County
Otsego County Community
Services
Bassett Hospital
Private Practitioners
RSS of Otsego County**

**Otsego County Community Services
Single Point of Access**

The Otsego County Community Services Single Point of Access (SPOA) is designed to assist individuals with a mental disabilities and their families residing in the community to navigate the complex human services system.

SPOA is designed to use county resources wisely while meeting the unique needs of the individual. SPOA is designed to maximize coordination of human services and service delivery.

Any individual may be referred to SPOA by walking into the Mountain View Social Club during business hours. The Mountain View Social Club is located at 9 River St, Oneonta, N.Y., hours of operation are Monday through Friday, 8am-3:30pm.

Referrals may also be made by calling the SPOA Clinical Coordinator or the Otsego County Community Services office.

Lorraine Bosma, SPOA Clinical Coordinator
Otsego Co. Community Services:
607-547-1621
Fax: 547-1618
140 County Highway 33W
Cooperstown, NY 13326
or
Mountain View Social Club:
607-433-1714
9 River Street
Oneonta, NY 13820

MEDICAID TRANSPORTATION

EMERGENCY SERVICES

ONEONTA

Police: 432-1111
State Police: 432-3211
Sheriff: 433-1340
Ambulance: 911
A.O. Fox Memorial Hospital: 431-5000
Fire: 911 or
433-3480

COOPERSTOWN

State Police: 547-2233
Sheriff: 547-4273
Bassett Hospital: 547-3355

HOTLINES

Child Abuse &
Maltreatment Reporting: 1 800 342-3720
Domestic Violence Hotline: 432-4855
Violence Int. Program: 433-8038
Rape Crisis Hotline: 432-4855
Crisis Intervention Hotline: 1 877 369-6699
Alcohol & Drug Abuse
24 Hour Hotline: 1 800 234-0420
Poison Control: 1 800 222-1222
Homeless Hotline: 433-8318
Warm Line: 433-1714
or 1 800 377-3281

Bernie Bus Services

1 800-388-9853

Bernie Bus processes all Medicaid transportation requests for Otsego County and may refer to other providers. Requests for transportation must be received three days in advance.

PUBLIC TRANSPORTATION

A and D Taxi

Accepts Medicaid

607 433-1726

ACE TAXI

Accepts Medicaid

607-432-8294

Oneonta Public Transport

City bus system

607 432-7100

LEGAL and ADVOCACY ASSISTANCE

Legal Services of Central New York, Inc.

472 South Salina St. Suite 300

Syracuse, NY 13202

315 475-3127

Services Provided:

PAMII (Protection & Advocacy for the Mentally Ill individual)

PAIR (Protection & Advocacy for individual rights of the disabled)

NYS Commission on Quality of Care & Advocacy for Persons with Disabilities

401 State St.

Schenectady, NY 12305

518 388-1281

Legal Aid Society of Mid– New York Inc.

189 Main St. Suite 401

Oneonta, NY 13820

607 433-2220

Mental Health Empowerment Project Inc.

21 Colvin Ave.

Albany, NY 12206

800 643 7462 or 518 434-1393

Office of Mental Health Bureau of Consumer Affairs

44 Holland Ave

Albany, NY 12229

518 474-4888

CRISIS INTERVENTION

Mary Imogene Bassett Hospital

1 Atwell Rd.

Cooperstown, NY 13326

24 Hour Hotline: 1 877-369-6699

Or

607 547-5502

- secure and confidential help
- face to face psychiatric evaluation
- voluntary and emergency hospital admissions
- referral to community and hospital services for counseling and therapy

WARMLINE

Mountain View Social Club (RSS Inc.)

9 River St. Or P.O. Box 781
Oneonta, NY 13820

607 433-1714 or 1 800 377-3281

Hours of Operation:

Sun—Sat: 4 pm to 8:30 pm

Peer Support Services:

Confidential peer self-help; suggested referrals to community services and alternative means of finding growth and health; prearranged contact calls to your home by a peer worker.

The Warm Line is **NOT** a crisis hotline.

DAY CARE

Catholic Charities

Child Care Connection

176 Main Street
Oneonta, NY 13820
607-432-0061

PARENTING SUPPORT

Even Start at O.F.O.—Head Start

3 West Broadway
Oneonta, NY 13820
607 433-8000

Family Services

277 Chestnut St
Oneonta, NY 13820
607-432-2870

Family Resource Network

46 Oneida St.
Oneonta, NY
607 432-0001

FAMILY SUPPORT

National Alliance on Mental Illness (NAMI) of Otsego County

NAMI members are concerned families and friends of people who suffer from psychiatric illnesses. It offers mutual support to those coping with the issues and needs of a loved one who is mentally ill.

NAMI Support Meetings: First Wednesday of every month 5:30 pm

First United Methodist Church- Parish House
66 Chestnut St. Oneonta, NY 13820

Call Allan at 607-437-5483 for more information

NAMI Connections

First, third & fifth (if appropriate) Saturdays of each month

3:00—4:30 pm

First United Methodist Church- Parish House
66 Chestnut St. Oneonta, NY 13820

Call Pam Washburn at 607 47-9544 for more information
or
Contact NAMIOtsego@Yahoo.com for more information

OUTPATIENT COUNSELING SERVICES FOR ADULTS

Otsego County Mental Health Clinic
(Ages 18 & up)
242 Main St
Third Floor
Oneonta, NY 13820
607 433-2343

Hours:
Monday-Thursday 8am-5:00pm
Friday 8am-4:30pm

Mary Imogene Bassett Hospital
Outpatient Psychiatry Services
1 Atwell Rd.
Cooperstown, NY 13326
607 547-3500

Hours:
Monday-Friday 8am-5pm

**OUTPATIENT COUNSELING SERVICES
FOR CHILDREN**

**Otsego County Children's
Mental Health Clinic**

242 Main St.
Second Floor
Oneonta, NY 13820
607 433-2334

Hours:

Monday-Friday 8:00am-5:00 pm
**Some appointments are available
after 5:00 pm.**

**Mary Imogene Bassett Hospital Outpatient
Psychiatry Services**

1 Atwell Rd.
Cooperstown, NY 13326
607 547-3500

Hours:

Monday-Friday 8:00am-5:00pm

REHABILITATION

Mountain View Social Club

Operated by Rehabilitation Support Services (RSS)
9 River St.
Oneonta, NY 13820
607 433-1714

Hours: Monday-Friday 8am-3:30pm

Catskill Center for Independence

P.O. Box 1247
Oneonta, NY 13820
607 432-8000

Information and referrals
Architectural Barrier Consultation
TBI Waiver Services
Adaptive Equipment Information and referral
Personal Care Attendant Referral
Speaker Services

EMPLOYMENT SUPPORT

Vocational and Educational Support Program (V.E.S.P.)

9 River Street
Oneonta, N.Y. 13820
607-433-1714 x-204

Assists individuals with psychiatric disabilities to identify and pursue employment goals, including transitional employment and competitive employment with job coaching options. Assistance with readiness evaluation, barrier identification, work readiness skills training, job search, resume writing, etc.

VESID

12 Dietz St.
Oneonta, NY 13820
1 800 888-5010

A state funded vocational and educational service for individuals with disabilities.

INPATIENT SERVICES

Mary Imogene Bassett Hospital 1 Atwell Rd.

Cooperstown, NY 13326

Psychiatric Unit: 607 547-3525

24 Crisis Hotline: 877 369-6699

Greater Binghamton Health Center

425 Robinson St.

Binghamton, NY 13901

607 724-1391

Binghamton General Hospital

10-42 Mitchell Ave.

Binghamton, NY 13903

607 762-2200

**SUBSTANCE ABUSE
CLINICAL SERVICES**

NYS Hope-line 877-846-7369

Otsego County Chemical Dependency Clinic

242 Main St (2nd floor)

Oneonta, NY 13820

607 431-1030

Hours:

Monday- Wednesday 8:30am-6pm

Thursday & Friday 8:30am- 4:30pm

Provides counseling for individuals dependent on alcohol or illegal drugs.

Detox:

SPARC – St. Peter’s Addition Center

518-452-6700

Conifer Park

800-989-6446

DVH—Rehab

607-865-2163

LEAF

**Leather-stocking Education on Alcoholism /
Addictions Foundation and Council on
Alcoholism, Inc.**

80 Water St.

Oneonta, NY 13820

607 432-0090

Information, referral and education services
For Alcoholism, Gambling and Tobacco
addictions

EMPLOYMENT TRAINING

Oneonta Bagel Company

Operated by Rehabilitation Support Services (RSS)

171 Main St.

Oneonta, NY 13820

607 433-0162

Hours: Tuesday-Friday 7am-2pm,

Saturday 8am-3pm

Oneonta Job Corps Center

21 Homer Folks Ave.

Oneonta, NY 13820

607 433-2111

Mountain View Social Club

9 River St.

P O Box 781

Oneonta, NY 13820

607 433-1714

Hours: Monday-Friday 8am-3:30pm

Provides vocational training for individuals with psychiatric disabilities interested in seeking employment in a supported environment

CDO Work Force

12 Dietz St

Oneonta, NY 13820

607 432-4800

EDUCATION Continued

VESP– Vocational/Educational Support Program

9 River St.
Oneonta, NY 13820
607 433-1714

Hours: Monday-Friday 8:30am-4:30pm

A vocational and educational support program which assists individuals with psychiatric disabilities.

* Operated by Rehabilitation Support Services

Utica School of Commerce

17 Elm St.
Oneonta, NY 13820
607 432-7003

Family Resource Network

46 Oneida St.
Oneonta, NY
607 432-0001

Special Education Parent Center—Educational Advocacy

**SUBSTANCE ABUSE
SUPPORT SERVICES**

AA– Alcoholics Anonymous

Otsego County
Provides self– help for alcoholics

1 800 339-1894

Utica/Herkimer County
1 315 732-6880

NA– Narcotics Anonymous

Provides self-help for narcotics abusers
1 607 774-4907

Turning Point Center

25 Elm St
Oneonta, NY 13820

607 267-4435

Education, referral and support Services

PRIVATE PRACTITIONERS

A message about Psychologists and Psychotherapists

Unless specifically exempted by law, psychologists and psychotherapists must be licensed and currently registered by the Board of Regents of the University of the State of New York to practice in this state.

If you have a question regarding the status of a psychologist or psychotherapist, call the New York State Education Department, Division of Professional Licensing Services.

1 518 474-3817

You can also verify status of licenses on line at:
www.op.nysed.gov/opsearches

**Please call provider to verify services
provided and insurance accepted.**

**For explanation of insurance
See key on page 11.**

EDUCATION

Hartwick College

1 Hartwick Drive
Oneonta, NY 13820
Academic Affairs: 607 431-4400
Admissions: 607 431-4150

Oneonta Adult Education Center

189 Main St.
Oneonta, NY 13820
607-433-3645

**Hours: Monday– Friday 8:30am- 3pm,
Mon, Tues, & Wed. evenings 5:30pm– 8:30pm,**

Otsego Area Occupational Center (BOCES)

P.O. Box 57
1914 County Hwy 35
Milford, NY 13807
Main Office: 607 286-7715
Continuing Education: 607 286-3304

State University of New York at Oneonta

Oneonta, NY 13820
Continuing Education: 607 436-2522
Disabilities Services: 607 436-2137

HOUSING ASSISTANCE– UTILITIES

**Home Energy Assistance Program (HEAP)
Otsego County Department of Social Services**

The Meadows
140 County. Hwy. 33W
Cooperstown, NY 13326
607 547-1700 800 422-2512
Fax : 547-1721

**Lifeline
Verizon**

890-7100 (toll free)
Lifeline offers a reduced rate on basic monthly services as well as a discount on installation for eligible households.

American Red Cross

Assistance with NYSEG bills (Project Share)
396 Chestnut St.
Oneonta, NY 13820
607 432-5353

Hours: Mon. Wed.-Friday 8:30 am-4:30pm

101 Main St.
Cooperstown, NY 13326
607 547-2441

Hours: Tuesday & Thursday 8:45am-4:45pm

FURNITURE

Salvation Army Thrift Store

105 Main St.
Oneonta, NY 13820
432-0952

INSURANCE CODES

MD – Medicaid	VBH - Value Behavioral Health	MM – MVP Managed Medicaid
ME – Medicare	EAP – Employee Assistance Program	WC – Workman’s Compensation
BC – Blue Cross	E – Empire	HMO – Health Maintenance Organization
BS – Blue Shield	BC+ - Blue Cross Plus	SF – Sliding Fee Scale
MVP – Mohawk Valley Plan	W – Wellcare	CI – Commercial Insurance
CDPHP – Capitol District Physicians Health Plan	C – Champus	SP – Self Pay
WM – Wellcare Medicaid	VO – Value Options	NAA – North American Administration
GHI -Government Health Insurance	TC – Tri-Care	CHP – Child Health Plus

CHILDREN & ADOLESCENT SERVICES

PROVIDERS	SERVICE	INSURANCE
Babcock, Marilyn LCSW-R P. O. Box 730 Unadilla, NY 13849 607 369-3902 employees.oneonta.edu/babcoema/	Adolescents	SP– client sub- mits insurance
Bercovitz, James PhD 189 Main St. Oneonta, NY 13820 607 436-9159 & 607 433-0436	Adolescents & Children	Accepts Most Insurance
Bergfjord, Elizabeth LCSW-R 78 Chestnut St. Oneonta, NY 13820 607 433-0161	Adolescents	Most Insurance No MD & ME
Black, Charlotte LCSW-R 143 Main St. Oneonta, NY 13820 607 432-0475	Adolescents	Accepts Most Insurance– SF
Carentz, William LCSW-R 48 Dietz St. Oneonta, NY 13820 607 432-1180	Adolescents & Children— Specializes in ADD children	Accepts Most Insurance
Clark, Debra J. LCSW-R 10 Market St. Suite 5 Oneonta, NY 13820 607 432-1914	Adolescents & Children	Me, most oth- ers, no MD

HOUSING SERVICES Continued

Berkshire Farm Center and Services for Homeless Youth

Life House

189 Main St suite 204.

Oneonta, NY 13820

607 432-8370

Program for runaway and homeless youth

Trillium Place

11 Elmwood Ave.

Oneonta, NY 13820

607-431-9012

A program of Catholic Charities of Chenango County.

An 8 bed residence serving boys and girls,
ages 12 to 18, who have a serious emotional disturbance.

All referrals go to SPOA of
Chenango, Delaware,
Otsego, or Schoharie Counties.

HOUSING SERVICES

Emergency Aid To Families 607-547-1700

Catholic Charities of Delaware & Otsego Counties

176 Main St.

Oneonta, NY 13820

SRO-Single Room Occupancy 607 432-1978

Oneonta Housing Authority

2 Mitchell St.

Oneonta, NY 13820

607 432-0170

Otsego Rural Housing

140 County Highway 33W

Cooperstown, NY 13326

607 547-8839

Rehabilitation Support Services

Supervised Community Residence

& Treatment Apartment Program

57 Elm St.

Oneonta, NY 13830

607 432-1664

Supported Housing Program

9 River St.

Oneonta, NY 13820

607 433-1714

CHILDREN & ADOLESCENT SERVICES

PROVIDERS	SERVICE	INSURANCE
Dunham-Davis, Sallie LCSW-R 75 Market St. Oneonta, NY 13820 607 433-0209	Adolescents & Children, Adolescent girls groups, Adults & Couples	BC, BS, VBH, BC+, HMO, E No MD
Flachs, Lisa LCSW-R Fischer, Elvia LCSW-R & Donovan, Tim LCSW-R 25 Elm Street Oneonta, N.Y. 13820 607-433-0774	Children, Ado- lescents, Adults, Fami- lies	ME and most other insurances, no MD
George, Sally PhD 78 Chestnut St. Oneonta, NY 13820 607 433-0161	Adolescents	Does not take MD & ME
Grapping, Bill LCSW -R 34 Main St. Oneonta, NY 13820 607 432-9128	Adolescents, Children, Elderly	ME, most others
LaFrance, Ron Ed. D LMFT-R 75 Market St. Oneonta, NY 13820 607 436-3711 607 433-0209	Adolescents	SF
Loftus, Kendra LCSW-R 75 Chestnut St. Oneonta, NY 13820 607 441-5040	Adolescents & Children	Private Pay only

CHILDREN & ADOLESCENT SERVICES

PROVIDERS	SERVICE	INSURANCE
Lamb, Charles W. PhD 71 Chestnut St. Cooperstown, NY 13326 607 547-5230	Adolescents	All
Miller, Debra Ann, LCSW-R PO Box 323 Springfield Center, NY 13468 315-858-2556	Children, Adolescents, trauma, loss, adoption	Many and SF No MD or ME
Mills, Ann Marie LCSW 3200 Chestnut St. Oneonta, NY 13820 607 436-9033 607 432-9295	Children	All including CHP No MD & ME
Miller, Esther LCSW-R 89-C Main St. Cooperstown, NY 13326 607 547-1303	Adolescents Specializes in transition	BC, MVP, ME No MD & ME
Pouch, Catherine LCSW 78 Chestnut St. Oneonta, NY 13820 607 433-0161	Adolescents & Children	Most No MD & ME
Pope, Hillary LCSW 78 Chestnut St. Oneonta, NY 13820 607 433-0161	Adolescents & Children	Private Pay No MD & ME

EMERGENCY HOUSING

24 Hour Hotline 607 433-8318

Otsego County Department of Social Services

Mailing Address: 197 Main St.
Cooperstown, NY 13326
607 547-1700 or 1 800 422-2512
Fax : 547-1721

Physical Address: The Meadows
140 County. Hwy. 33W
Cooperstown, NY

Opportunities For Otsego

3 West Broadway
Oneonta, NY 13820
607 433-8000

24 hr. Homeless Hotline: 607 433-8318
Hours: Monday-Friday 8:00am-5:00pm

Family Services Association

277 Chestnut St.
Oneonta, NY 13820
607 432-2870

Hours: Monday, Tuesday & Wed.
9:30am-12:30 & 1:30pm- 4:30pm
Thursday 1:30pm- 4:30pm

Friday by appointment only

EMERGENCY CLOTHING Continued

American Red Cross

396 Chestnut St.
Oneonta, NY 13820
607 432-5353

Hours: Mon., Wed. & Friday 8:30am-4:30pm
and

101 Main St.
Cooperstown, NY 13326
607 547-2441

Hours: Tuesday & Thursday 8:45am-4:45pm

Salvation Army

25 River St.
Oneonta, NY 13820
607 432-6120

Hours: Monday-Friday 9:30am-4:30pm

The Magic Closet

Episcopal Parish Hall
162 Main St.
Morris, NY 13808
607 263-2129, 5116, 5942 or 783-2715

Hours: Wed 11am-1pm, Thurs 4:30-6:30pm, Sat 11am-1pm

Community Maternity Services—Catholic Charities

(Baby Clothes)
Mon.-Fri. 9:00am -5:00pm
176 Main Street
Oneonta, NY 13820
607-432-0061

CHILDREN & ADOLESCENT SERVICES

PROVIDERS	SERVICE	INSURANCE
Schneider, Dr. Mark PhD 220 Highland Terrace West Oneonta, NY 13861 607 434-1069	Adolescents & Children, Specializing in ADD, Autism, Asperger's	ME, BC, BS, MVP, CDPHP, GHI, HMO, E, VBH
Zeien, Suzanne LCSW-R, ACSW 34 Main St. Oneonta, NY 13820 607 434-3032 sueannezein@yahoo.com	Adolescents & Children, Specializing in ADD children	All except MD

ADULT SERVICES

PROVIDERS	SERVICE	INSURANCE
Agolia, Barbara LCSW-R 75 Market St. Oneonta, NY 13820 607 433-0209	Adults	All except MD & ME & CDPHP
Babcock, Marilyn LCSW-R PO Box 730 Unadilla, NY 13849 607 369-3902 employees.oneonta.edu/babcocma/	Psychotherapy, Dream Workshops, Women's Group	SP- client submits insurance
Bercovitz, James Ph. D 189 Main St. Oneonta, NY 13820 607 436-9159 or 607 433-0436	Individual	MD, ME, BC, CDPHP, MM, TC, CBP, NAA, VO
Bergfjord, Elizabeth LCSW-R 78 Chestnut St. Oneonta, NY 13820 607 433-0161	Depression, anxiety, grief, loss	Most Insurance No MD & ME
Black, Charlotte LCSW-R 143 Main St. Oneonta, NY 13820 607 432-0475	Adults, Individual, Marital & Couples Counseling	Accepts most Insurance- SF
Carentz, William LCSW-R 48 Dietz St. Oneonta, NY 13820 607 432-1180	Anxiety Disorder, Elderly, Depression, couples, marriage, individuals.	Accepts most-call for info.

FOOD-NUTRITIONAL MEALS Continued

St. Mary's Food Pantry

38 Walnut St.
Oneonta, NY 13820
607 432-3920 ext. 212

Hours: Monday - Friday 11am - 3pm

May use once every 30 days.

St. James Food Pantry

305 Main St.
Oneonta, NY 13820
607 432-1458

Presbyterian Church

25 Church St.
Cooperstown, NY 13326
607 547-8401

EMERGENCY CLOTHING

Family Services Association

277 Chestnut St.
Oneonta, NY 13820
607 432-2870

**Hours: Monday, Tuesday & Wed.
9:30am-12:30pm & 1:30pm- 4:30pm
Thursday 1:30pm- 4:30pm
Friday by appointment only**

ADULT SERVICES

FOOD-NUTRITIONAL MEALS

The Lord’s Table

305 Main St.
 Oneonta, NY 13820
 607 432-1458
 Hours: Monday-Friday 4:30pm-6:30pm

Saturday’s Bread

First United Methodist Church
 66 Chestnut St.
 Oneonta, NY 13820
 607 432-4102
 Hours: Saturday 11am-1pm

Salvation Army

25 River St.
 Oneonta, NY 13820
 607 432-6120

Food pantry also available

Hours: Monday-Friday 9:30am-4:30pm

WIC– Women, Infants & Children

3 West Broadway
 Oneonta, NY 13820
 607 433-8071

PROVIDERS	SERVICE	INSURANCE
Clark, Debra J. LCSW-R 10 Market St. Suite 5 Oneonta, NY 13820 607 432-1914	Adults, Indv. Family Therapy	ME, most others, no MD
Couden, Georgia LCSW-R 8 Main St. Otego, NY 13825 607 988-9270	Families, couples, adults, senior citizens	ME, BC, BS, MM
Dunham- Davis, Sallie LCSW-R 75 Market St. Oneonta, NY 13820 607 433-0209	Depression, Mixed Groups, Women’s Survivor Group	BC, BS, VBH, BC+, HMO
Flachs, Lisa; Fischer, Elvia & Donovan Tim (all are LCSW-R) 25 Elm Street Oneonta, N.Y. 13820 607-433-0774	Children, Adolescents, Adults, Families	ME and most other insurances, no MD
George, Sally PhD. 78 Chestnut St. Oneonta, NY 13820 607 433-0161	Individual, adults	Does not take MD & ME
Gerace, Nicole LCSW-R 50 Dietz St., Suite K Oneonta, N.Y. 13820	Individuals and Couples, Chemical Dependencies and Mental health Issues	Most, no MD

ADULT SERVICES

PROVIDERS	SERVICE	INSURANCE
Grappone, Bill LCSW-R 34 Main St. Oneonta, NY 13820 607 432-9128	Adults, gerontology, Children, Adolescents	ME, most others
Hegeman, Marie LCSW-R 50 Dietz St. Oneonta, NY 13820 607 432-9039	Chemical Dependency, short term dep., anxiety	All except MD
Hill, Blanche LCSW-R 143 Main St. Suite 207 Oneonta, NY 13820 607 434-6299	Individuals, Couples	Please call for info.
Juliano, Christine LCSW-R 71 Chestnut St Cooperstown, NY 13820 607 547-9056	Individual, adult	BC, BS, VBH, BC+, HMO No MD
Lamb, Charles W. PhD 71 Chestnut St. Cooperstown, NY 13326 607 547-5230	Adults, Couples	All
Loftus, Kendra LCSW-R 75 Chestnut St. Oneonta, NY 13820 607 441-5040	Individual	Private pay only

SUPPORT AGENCIES Continued

Mental Health Association in Ulster Co. Inc.
5546 St. Hwy. 7
Oneonta, NY 13820
607-433-0700

Adolescent Outreach Program
Family Based Treatment Program
Home & Community Based Services
Waiver Services Program
Otsego Respite Program

Brain Injury Association of New York State
10 Colvin Ave.
Albany, NY 12206
FACTS Coordinator:
Cuca Roberts 607 432-6364

Family Resource Network
46 Oneida St.
Oneonta, NY
607 432-0001

Coordinated Children's services initiative (CCSI)

Provides wrap around services to families with children in multiple systems who are at risk

SUPPORT AGENCIES

Catholic Charities of Delaware & Otsego Counties

176 Main St.
 Oneonta, NY 13820
 Main office: 607 432-0061
 Childcare Resource & Referral: 607 432-7372
 Family Center: 607 432-7308
 SRO Housing: 607 432-1978
 Community Maternity Services 607 432-0061

New York Connects

140 County Highway 33W Suite 5
 Cooperstown, NY 13326
 Multiple Service Needs: 607 547-4390

Opportunities For Otsego Inc.

3 West Broadway
 Oneonta, NY 13820
 Main office: 607 433-8000
 Child & Family Dev. Dept.: 607 433-8055
 Women, Infants, & Children: 607 433-8071
 Head Start: 607 433-8055
 Oneonta Head Start: 607 432-8055
 Crisis Intervention & Support 607 433-8038
 Domestic Violence & Rape Crisis: 607 432-4855
 Homeless Hotline: 607 433-8318
 Housing, Employment & Energy Services Dept.:
 607 433-8048
 Wheels Program: 607 432 4800
 Weatherization: 607 433 0444

ADULT SERVICES

ROVIDERS	SERVICE	INSURANCE
LaFrance, Ron Ed. D LMFT-R 75 Market St. Oneonta, NY 13820 607 436-3711 607 433-0209	Individual	SF
Lou, Jeanne LCSW-R 22 Watkins Ave. Oneonta, NY 13820 607 433-0157	Couples, Family Counseling	SF
Miller, Debra Ann LCSW-R P.O. Box 323 Springfield Center, NY 13468 1 315 858-2556	Adult, trauma, loss, depression, adoption	No MD. & ME
Miller, Ester LCSW-R 89-C Main St. Cooperstown, NY 13326 607 547-1303	Anxiety, eating disorders, depres- sion, chemical dep., elderly, sexual abuse	BC. MVP, ME No MD.
Millner, Robert LCSW-R P.O. Box 8 Roseboom, NY 13450 607 264-3976	Anxiety, Depres- sion, Trauma	Private Pay
Paluch, Catherine LCSW-R 78 Chestnut St Oneonta, NY 13820 607 433-0161	Depression, anxi- ety, eating disor- ders, sexual abuse	No MD & ME
Schneider, Mark PhD. 220 Highland Terrace West Oneonta, 13861 607 434-1069	Individual, mar- riage, anxiety, depression, grief	Most insuranc- es No MD

ADULT SERVICES

PROVIDERS	SERVICE	INSURANCE
Shaw, Laurel LCSW-R 164 Main St. Oneonta, NY 13820 607 432-3352	Anxiety, De- pression, Pers. Disorder, Sex- ual Abuse	All except MD
Singer, Leonard LCSW-R 50 Dietz St. Oneonta, NY 13820 607 432-9039	Chemical De- pendency	All except MD
Zeien, Suzanne LCSW-R, ACSW 34 Main St. Oneonta, NY 13820 607 433-0529 sueannezein@yahoo.com	Anxiety, Elder- ly, Depression, Sexual Abuse	All except MD

MEDICAID DENTISTS

Fox Care Dental Associates

1 Fox Care Drive
 Route 7
 Oneonta, NY 13820
 607 433-1778

Chenango Memorial Hospital Dental Care Center

Eaton Center
 32 Conkey Ave.
 Norwich, NY 13815
 607 337-4174

New Dimensions & Health Care

40 Wall St.
 Amsterdam, NY 12010
 518 843-2575
 surgery only

American Mobile Dental

8 Grand St.
 Oneonta, NY 13820
 607 432-0407

MEDICAL SERVICES CONTINUED

Family Health Center
59 Main St. Otego 607 988-2854

New Berlin Family Practice
4 Terrace Heights, New Berlin 607 847-6750

Stamford Family Practice
32-34 Main St, Stamford 607 652-2000

Planned Parenthood Association of Delaware & Otsego Counties
37 Dietz St.
Oneonta, NY 13820
Appointments & Info: 607 432-2250
Administrative Offices: 607 432-2252

Public Health Nursing
140 Co Hwy 33W, suite 3
Cooperstown, NY 13326
607 547-4230

Hours: Monday –Friday 9am-5pm

Catskill Area Hospice & Palliative Care, Inc.
542 Main St.
Oneonta, NY 13820
607 432-5525

FAMILY SERVICES

PROVIDERS	SERVICE	INSURANCE
Agoglia, Barbara LCSW-R 75 Market St. Oneonta, NY 13820 607 433-0209	Family Counseling	All except MD & ME & CDPHP
Bergfjord, Elizabeth LCSW-R 78 Chestnut St. Oneonta, NY 13820 607 433-0161	Family Counseling, Couples, Marital Counseling	Most Insurance No MD & ME
Black, Charlotte LCSW-R 143 Main St. Oneonta, NY 13820 607 432-0475	Family Counseling, Couples, Marital Counseling	Accepts most insurance– SF
Carentz, William LCSW-R 48 Dietz St. Oneonta, NY 13820 607 432-1180	Couples, Family & Marital Counseling	ME, BC, BS, MVP, VBH, EAP, E, BC+, W, C, MM, HMO, SF, CDPHP
Clark, Debra J. LCSW-R 10 Market St. Suite 5 Oneonta, NY 13820 607 432-1914	Family Counseling	Me, most others, no MD
Couden, Georgia LCSW-R 409A Main St. Otego NY 13825 607 988-9270	Couples, Family & Marital Counseling	ME, BC, BS, MM

FAMILY SERVICES

PROVIDERS	SERVICE	INSURANCE
Dunham-Davis, Sallie LCSW-R, ACSW 75 Market St. Oneonta, NY 13820 607 433-0209	Family Counsel- ing	BC, BS, VBH, BC+, HMO, E
Flachs, Lisa; Fischer, Elvira & Donovan, Tim (all LCSW-R) 25 Elm Street Oneonta, N.Y. 13820 607-433-0774	Children, Adoles- cents, Adults, Families	ME and most other insur- ances, no MD
George, Sally PhD. 78 Chestnut St. Oneonta, NY 13820 607 433-0161	Couples, Family & Marital Coun- seling	Does not take MD & ME
Grappone, Bill LCSW-R 34 Main St. Oneonta, NY 13820 607 432-9128	Family Counsel- ing, Children, Adolescents	ME, most oth- ers
Hill, Blanche LCSW-R 143 Main St. Suite 207 Oneonta, NY 13820 607 434-6299	Family Counsel- ing	SF, Please call for info.
Lamb, Charles W. PhD 71 Chestnut St. Cooperstown, NY 13326 607 547--5230	Family Counsel- ing	All
Loh, Jeanne LCSW-R 22 Watkins Ave. Oneonta, NY 13820 607 433-0157	Couples, Family Counseling	SF

MEDICAL SERVICES

Bassett Healthcare

Oneonta

125 Main St.
Oneonta, NY 13820
Adult Medicine: 607 433-1790
Obstetrics & Pediatrics: 607 433-1792

Edmeston

2106 State Highway 80, 13335 607 965-8900

Stamford

28650 State Highway 23 607 652-2537

Oneonta Surgeons & Specialists

Associate Drive, Oneonta 607 433-2570

Butternut Valley Health Center

West Main & Liberty, Morris 607 263-5111
PO Box 433, Morris 13808

Fox Care Center– Oneonta

1 Fox Care Drive, Suite 210, Route 7
Oneonta, NY 13820
Cyber cafe: 607 431-5198
Director– Community Care Centers: 607 431-5022
Education, Suite 300: 607 431-5180
Fox Internal Medicine & Oncology: 607 432-6291
Oneonta Family Practice, Suite 308: 607 432-1163
Outpatient Testing Center: 607 431-5230
Patient Pre-registration: 607 431-5200
Business Office: 607 431-5202
Susquehanna Fam. Practice, Suite 103: 607 431-5757

Psychiatric Nurse Practitioners

PROVIDERS	SERVICE	INSURANCE
Andrews, Julie RN– NPP 75 Chestnut St. Oneonta, NY 13820 607 441-5040	Medication management	No insurance Private Pay
Von Hassel, Theresa RN– NPP 18 South Main St Oneonta, NY 13820 607 433-2914	Psycho therapy, Medication management	Please call for info.
Craig, Linda MSN RN CS—NPP 103 Main St. Cooperstown, NY 13326 607 547-1130	depression, anxiety, grief & loss, relationship issues	All except MD & MVP

PROVIDERS	SERVICE	INSURANCE
Gordon, Kenneth MD 75 Chestnut St. Oneonta, NY 13820 Mon– Thur. 8:30-6:00 pm 607 433-1663	Children, Adolescents	E, MVP, CDPHP No MD, ME
Neander, Michael MD 425 Main St. Oneonta, NY 13820 607 436-9732	Children, Adolescents, Adults, Couples, Elderly. Specializing in ADD Children. Family & Marital Counseling	MD, ME, BC, MVP, CDPHP

FAMILY SERVICES

PROVIDERS	SERVICE	INSURANCE
Miller, Debra Ann, LCSW-R PO Box 323 Springfield Center, NY 13468 315-858-2556	Adults, family, trauma, loss, adoption	Many and SF No MD or ME
Mills, Ann Marie LCSW-R 3200 Chestnut St. Oneonta, NY 13820 607 436-9033 or 432-9295	Couples, Marital Counseling	All except MD & ME
Milner, Robert LCSW-R PO Box 8 Roseboom, NY 13450 607 264-3976	Family Counseling	Private pay only
Paluch, Catherine LCSW-R 78 Chestnut St. Oneonta, NY 13820 607 433-0161	Couples, Family & Marital Counseling	Does not take MD & ME
Pope, Hillary LCSW-R 78 Chestnut St. Oneonta, NY 13820 607 433-0161	Couples, Family & Marital Counseling	No MD, MC/BS or E
Zeien, Suzanne LCSW-R, ACSW 34 Main St. Oneonta, NY 13820 607 433-0529	Couples, Family & Marital Counseling	All except MD